



The Beacon

Happy Easter! Alleluia !!

(Easter Season runs from April 21 through June 8, 2019)

ECW Spirituality Day May 18, 2019

All women of St. Andrew's are invited to the ECW Spirituality Day on May 18, 2019., to be held at St. Paul's Episcopal Church, 822 SW Washington St., Oregon City, OR 97045. It starts at 8:15AM with registration, coffee and pastries. Then of course, Lunch! There are 3 sessions with many choices of what workshops that may interest you.

It ends at 3:30PM. It is a Spiritual, fun and great to connect with other ECW members. The cost is \$25.00, which includes the coffee, pastries and lunch. The workshops offer new ideas and education. A Fun time for All.

You must register before May 11th and if any are interested in carpooling and/or spending the night before, please contact Mary Andrew at 541-997-8346.

Registration forms etc. have been placed on the church table with the Beacon or you will be able to print them out yourself from www.ecw-diooregon.org/spiritualityday2019. We hope to have a good turn out from St. Andrew's.

What's up with the BAC April 16, 2019

Steve Skidmore gave his treasury report and as of now our finances are in good shape.

The remodel of the hallways will begin April 29th. A short delay was caused by all the Easter activities. We need to be patient with the work and workers to get the best results. Only one hallway will be impassable at any given time.

Liturgical Season Flags have been offered by the Daughters of the King. They are to be placed at the entry of the church.

Father Lito and Louise will be traveling to Arizona for three weeks in May to sell their house. Arrangements are being made for Morning Prayer on the Wednesdays he is gone and Supply Priests for Sunday services.

Our volunteer secretary, Kate McBroom-Redwine, will be away from June 5 to July 8, so if anybody feels the call to help out with church office duties while she is away, please contact Kate.

Thanks to everyone who is helping to make St. Andrews the wonderful and spiritual church that it is. We all need to continue to love and serve the Lord.
Ron Scott

Jr. Warden Report

It may look like not look like much has happened during the past month, but a lot of activity has happening within the church.

I arranged to have Active Pest Control come by to spray outside to curb the appearance of spiders around our building and grounds close to the church, and also to have Card Heating and Air come by to check out our heating system. We had heard some unusual sounds from the Parish Hall units and decided to check them out as prevention.

We believe the extra noise from the units were during the really cold spell when the units were having to work much harder to keep the building warm. I learned the outside units around the church will need to be cleaned as well as the inside filters later this spring.

In addition the 12 old chairs that were in storage and brought in for Tony's memorial service have been recycled because they were in very bad shape. A discussion has begun with the craft group and others about starting a fund to replace our old chairs. In addition to the 12 chairs there are 17 other chairs that need to be replaced. To accommodate more people we could use a total of 30 new chairs.

Sprucing up the library continues. Jody is almost done sorting the books and removing the old volumes. Gary Andrew will be removing the old books from the church by the end of the month and hopefully donating them to Goodwill or St. Vinnies. Thank you, Gary. A pale yellow has been chosen for painting the walls which will begin after Easter. We are using paint that was purchased from Habitat a year ago.

The electric stove's oven was cleaned and a special mat was put in the bottom to catch the spills. This mat is to be taken out when the oven is cleaned again. Plans are being made for spring cleanup outside in the Memorial Garden and Labyrinth. Plans are also beginning for the cleaning out of the shed in back.

I am continuing to work on completing the files for those using our church facilities.

Dave from Dave T Construction told me that the date for the remodel of the hallways should start on Monday, April 29th. We have a contract ready to sign with him.

I continue to have a list of projects and tasks to complete:

- 1) investigate whether to on choose a temporary ground cover for the Internment area in the Memorial Garden ;
- 2) consider refinishing three tables within the church building;
- 3) pick up the willow tree stumps in back of the Church;
- 4) make the door stop for the front door; and
- 5) finish the Sacristy trim

Lynn Woodworth, Jr. Warden





UNITED THANK OFFERING AND SPRING

From Kathy Lenox

Is it finally Spring? It seemed that the sunny days had left us for a bit and we were going back to cool winter days. But, Spring has come, we celebrated Easter, and the Lord has risen indeed! Alleluia!

Mindfulness is a practice worth doing. Noticing a flower, a sunrise, or giving up a space in a grocery line to someone else, are simple acts, yet these things add up to more joyful living. And with these acts, you might add a coin or two to your United Thank Offering "blue box". Sharing your joy leads to sharing blessings with others.

United Thank Offering is a ministry of the Episcopal church for the mission of the whole church. By being grateful and in making offerings, your monies are distributed in the form of a grant to new ministries throughout the church and the world. Thanks to your generosity, Oregon's donations increased last year and nationwide, grants that will be distributed total \$1,535,740.55. Blessings indeed!

Our in-gathering Sunday has been changed to May 26, the Sunday before Ascension Day. Be blessed and continue to add coins to your "blue box". Here is a simple prayer:

Almighty God, I give you praise for blessing me in many ways. Create in me a grateful heart and with this gift a blessing start. Amen.

KITCHEN PATROL

Reminder for the Kitchen Patrol [and that's all of us]: If you bring something wonderful for a potluck, a memorial, a 5th Sunday service, and there is a little something left in the dish,

please take it home that day. The Forest Service would say "Pack it in, pack it out". You know what I mean.

AND, if you want something special for your sign up on a Sunday, and leave it early in the fridge, date it and ID the service you are hosting, so that attendees at the other service don't say "ahhh, ohhh," use it by mistake and you are bereft.

If you'd like to earn fame and glory, and possibly a plaque in your honor, Kitchen Patrol [and that's all of us] is looking for someone to check out the needs of the kitchen, like trivets for hot dishes, or time to refresh the refrigerator, etc. Having a buddy to help, someone else to earn a plaque, would be so nice. Title of KPOversee appeal? Let Betty Leach know.

Health tip

Do you have a living will????

Life-threatening situations can happen to anyone, so it's important to have a living will or other advance directive. These documents spell out your preferences regarding medical treatments you would or would not want to keep you alive. You can also outline your preferences for other medical decisions, such as pain management or organ donation. By planning ahead, you can get the medical care you want and save your family from having to make tough decisions in a crisis

Pastoral Care Team

St Andrew's Pastoral Care team is still seeking members to join this important ministry. Members will provide communication and support for parishioners during their times of need. Additionally, members will serve as Eucharistic Visitors and have the opportunity to accompany Fr. Lito on pastoral care visits.

Thank you for prayerfully considering our Pastoral Care Team as a wonderful addition to your own ministry. Please contact Fr. Lito for additional information. Cel.: 818-923-9295

THE SIGN OF THE CROSS

A Message from Father Lito

The making of the Sign of the Cross has long been established and used by Episcopal congregations as a profession of faith. At the moment the question was asked, it was still Lent and I said, "Yes, indeed, we don't make the sign of the cross because Rite One in the Book of Common Prayer presents a different greeting - "Bless the Lord who forgiveth all our sins." And that is why we do not cross ourselves...in fact, on some occasions during the season, the opening greeting of the Mass varies.

So when we say God, the Father, Son, and Holy Spirit we make the Sign of the Cross. When we say "Christ is risen"; we do not make the Sign of the Cross. In Lent and on other Penitential occasions, we say "Bless the Lord"and we do not make the Sign of the Cross.

However, we should take note that the occasional omission of the Sign of the Cross at the very start of the service does not diminish the sacramental value or character of the Mass. In addition, if we go further into the rite of the Mass, we make the Sign of the Cross several times: when the deacon or the priest reads the Gospel, at the Confession of Sins, and at the final blessing (the dismissal).

As I mentioned above, making the Sign of the Cross is a profession of faith that expresses hope in the redemption, the result of Christ's crucifixion. But whether or not we make the Sign of the Cross in any religious activity we do, let this be known that in our baptism we were already marked with a baptismal character that never disappears even though one may fall away from faith. On that very day, the priest invoked the Holy Trinity, baptizing us in the name of the Father, of the Son, and of the Holy Spirit.

Indeed, in our Christian life what is most important is that, as bearers of the Trinitarian mark from baptism, we need to show to others that God is present, visible, and active in our lives.

How do we do that? That is the question that guides our spiritual progression through life. In fact, if we must concentrate on anything, it is vital that we find a way to "walk our talk" as Christians. In this way, meaning becomes inherent as we express the missions of our heart through action.

Does this mean that we change our ideas about what we have not cared about before? Does this mean we change our schedules to accommodate more time spent in outreach activities at our church? Does this mean that we, as baptized Christians must account each day for how we have shown the fruits of our faith? How does the Sign of the Cross guide us in our daily lives to become an example or image of God the Father, the Son, and the Holy Spirit. Our spiritual journey, although both an inner and outer experience, then becomes our individual ministry and manifestation of our love for God, in this context, our spiritual growth is like a beautiful Tree of Life, that is our lasting testament to our wonderful God. Each branch, each action, each seed that we sow is an act of love that is reflected to God.....a gift back to Him for giving us the gift of life.

Since the beginning of time, humans have wanted to build monuments to show that we will be remembered...that something we did or accomplished while on earth will have a touch of immortality. Loving actions, even small ones, are therefore spiritual monuments that are also remembered....God knows what is in our hearts when we make the Sign of the Cross or when we are doing something kind for someone else. He knows the intentions of our hearts; do we just talk or do we love unconditionally? When we make the Sign of the Cross are we loving God with our whole heart? Let us reflect on these questions as we journey toward building the Kingdom of God.

LIGHTHOUSE CHAPTER

THE ORDER OF THE DAUGHTERS OF THE KING

May 2019

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THE HABIT OF GOOD DEEDS

“Let your light shine before men,
that they may see your good deeds
and praise your Father in heaven.”

--Matthew 5:16

Simple acts of kindness hold the potential for profound effects; practicing doing a good deed every single day is something Debbie Macomber, author of *One Simple Act, Discovering the Power of Generosity* began, after being the recipient of a simple random act of kindness.

In her chapter about the **habit of good deeds**, there were many nuggets for gleaning. Tiny good deeds can have ripple effects. Begin with small possibilities. Returning a grocery cart to a collection area, or handing it off to someone who could use it as a walking aid; letting someone in line ahead of you or picking up the tab for a few small items belonging to someone else, for starters.

Our Bishop has posed the question, “If St. Andrew’s were to close down tomorrow, would anybody notice?” This is about the difference between attending church, and being the church. The Outreach program certainly is reflective of a collective **habit of good deeds**, and is part of being the church. Being the church in outreach, begins with individuals practicing a spirit of generosity at a personal level, one might suggest.

Magic of multiplication, chain reaction, paying it forward - are other ways of indicating ripple effect. Good deeds are contagious! There is also ‘hit-and-run’ generosity. Gift cards to fast-food restaurants, kept in the car to hand out - in the Lord’s name - to those seeking assistance on the streets. Paying a highway toll for the car behind you, can remind someone that God cares even about the seemingly little things in our lives.

There are long-lasting benefits for givers. Allan Luks undertook an extensive study during the time he was executive director of the Institute for Advancement of Health. His article on random acts of kindness concluded, “Helping contributes to the maintenance of good health, and it can diminish the effect of diseases and disorders both serious and minor, psychological and physical.” Intentionally look for ways to help someone who may never be able to repay you.

Suggestions for simple good deeds: swap chores with someone; ‘walk your talk’ (as a Christian); appreciate people (drop notes, write letters of praise, leave generous tips); keep eyes open to where you can make a positive difference - be intentional about looking for this; ask the Lord to nudge you. (Or as one of our parishioners says, “the shove of the dove”, when referring to nudges from the Holy Spirit.)

In Ecclesiastes, after the “A Time for Everything” passage, comes the following verse: “I know that there is nothing better for men (women) than to be happy and do good while they live” (3:12, NIV). This is a gift from God.

South Coast Convocation Meeting

April 13, 2019

St. Matthew's Church, Gold Beach

Lucene and Jan as delegates to the convocation for St. Andrew's attended our first meeting in Gold Beach on Saturday, April 13th. We were greeted warmly by the other delegates and Dean The Reverend Timothy Hannon from St. James Coquille. Father Angelito was also greeted as he arrived and took part in our discussions and Eucharist.

We were pleased to find focus on prayer. We gathered with one other person from another parish and shared prayers together. It was a blessing for Jan to share concerns with Nancy, Convocation President and Lucene shared prayer with a gentleman from St. Matthew's in Gold Beach. They found that their common ground included reference to C.S. Lewis' "A Grief Observed" – a valuable aid for folks living with losses. We each had different needs, and as we prayed, we found a common thread of caring for others we cherish.

During our group discussions we were asked how we as delegates might help our congregations. A discussion regarding how we welcome people was helpful. We also talked about our aging congregations and possible ways to be of service.

As we go forward with meetings, we may want to find new ways of reaching people in our communities and finding ways of letting people know what we are doing whether it is our service times and location, a church occasion, a project we are working on, or an outreach to the community.

We hope to find ways to get together and share our talents and learn more from each other in the next few meetings. With Father Timothy's help, we will find common ground and learn from each other how to best serve all of our congregations. A stark reality: St. James in Coquille and St. Andrew's in Florence are the two congregations in the South Coast Convocation that have priests. The other six

are in transition, either using supply clergy or deciding on search process.

The day ended with Eucharist in this lovely church and a drive back home to Florence enjoying a review of our day and the beauty of our gorgeous Oregon coast.

The next South Cost Convocation Meeting will be hosted by St. Andrew's on Saturday, June 22nd, 9:30 to 1:00 pm. We have suggested time for those in attendance to walk the Labyrinth and if weather permits have Eucharist using our outside alter.

Faithfully submitted, Lucene Pike & Jan Kinslow

Scents in Church

Most of us who attend St. Andrews do not have allergies or sensitivities to the scents in the products we use or wear each day. As we go about our daily lives we form habits about detergents and softeners that we clean our clothes with. Some of us use strong soaps for personal care. The perfume in them lingers if we don't thoroughly rinse after using them. Irish Spring is one example that comes to mind.

When we buy perfumes and lotions in the store, they are often found in the beauty section. Perfume and beauty products are sometimes extremely potent. We don't think about the effect that putting on perfumes, hand lotions, strong deodorant or make-up can have on others. Sometimes the problem can be in something as simple as the final product we use on our hair before leaving to go to church.

It is easy to forget about the smells that are in what we wear, use for cleaning products and put on our bodies. This is because most of us don't have sensitivities to odors that are around us. We need to think of the people who have sensitivities or allergies that we will be attending church with.

When we attend a church service, we think of ourselves as being members of a church family. We stand or sit close to one another, shake hands and at

(Continued on next page.....)

times hug each other. When we are wearing per-
fumes or lotions we transfer that scent to the person
we shake hands with or hug. If someone who is
wearing perfume or strong lotion hugs us, that scent
is transferred to us and passed on to the next person
we come in contact with. In effect, we are wearing
perfume even if we didn't put it on ourselves.

Please, just for the days when we attend church, try
to come to church as unscented as possible out of
consideration for the members in our church family
who are unable to handle the scents of our everyday
lives

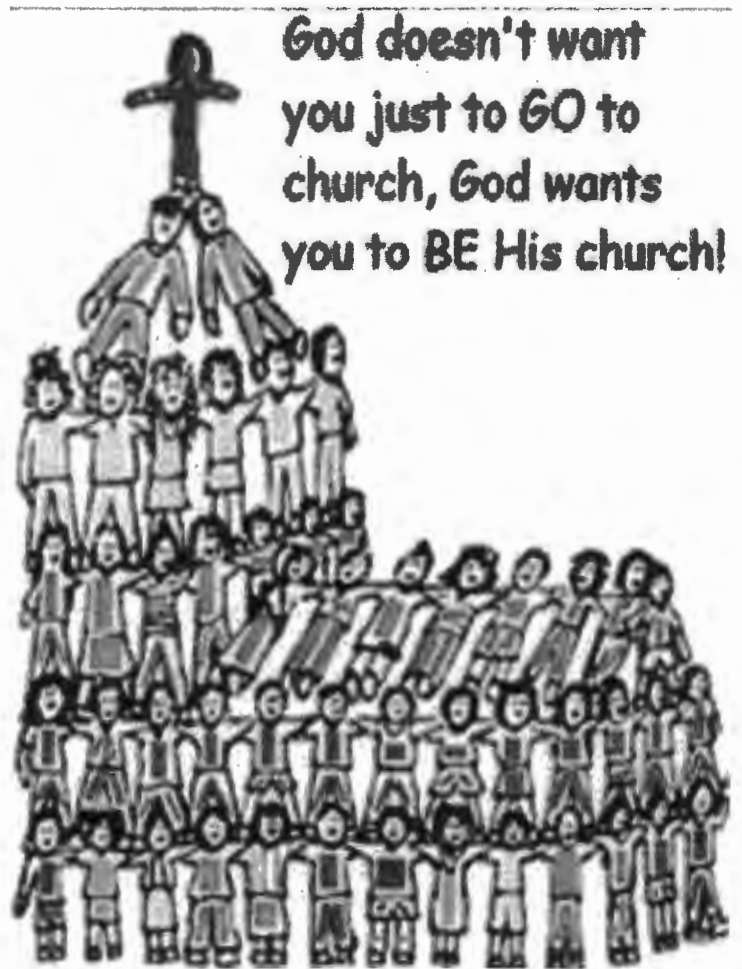
Bowls of Blessings

An important part of our on-going Outreach Ministry
is providing a hot soup lunch to those in need on the
2nd Tuesday of each month, and we are in need of ex-
tra hands to help fill those 'bowls of blessings'.

No experience is necessary – just a willing heart and a
small amount of your time! Tasks range from soup
cooking (Oregon State food handler's license is re-
quired and so easy to obtain!), to greeting and serving
our guests.

The lunches are held at the Methodist Church - this is
a rewarding and fun ministry and yet another way to
experience the blessing of serving others.

We are especially in need of assistance for our May
14th lunch – if you can help please contact Karen
Faria at 541-999-8497.



ST. ANDREW'S FINANCES FOR MARCH, 2019

March, 2019, Income: \$7,670.70

March, 2019, Expenses: \$8,718.26

March, 2019, Net: (\$1,047.56)

January-March, 2019, Income: \$21,819.52

January-March, 2019, Expenses: \$18,868.03